



## Simple Star Fruit Sauce

Makes about 2½ cups

- 2 medium star fruit
- 1 pear, cored and diced
- 1 apple, cored and diced
- 1 Tbsp. light brown sugar

Slice star fruit in half and remove seeds. Slice each half into slices; reserve 2 slices for garnish. In a blender or food processor, puree all ingredients together until smooth and creamy. Refrigerate 20 minutes. Pour into single-serve bowls and garnish with reserved star fruit slices.

Per ½-cup: 60 calories, 0 g fat, 1 g protein, 16 g carbohydrate, 3 g fiber, 0 mg sodium