



## Peach Torte

Serves 12

2 eggs  
1/4 cup flour  
1 cup sugar  
1 tsp. baking powder  
1/2 cup chopped walnuts  
1/2 cup chopped dried dates  
1/8 tsp. salt  
4 medium peaches, sliced  
2 medium bananas, sliced  
16 ounces strawberries, sliced  
2 cups fat-free whipped topping

Preheat oven to 350 degrees. Spray a 9x13 inch cake pan with cooking spray. In a medium bowl combine eggs, flour, sugar, baking powder, nuts, dates and salt. Spread into cake pan and bake 20 minutes; cool. Crumble cake on a large serving platter. Top with fruit and whipped topping.

Per serving: 210 calories, 4.5 g fat, 3 g protein, 41 g carbohydrate, 3 g fiber, 90 mg sodium

**This recipe is a Foot Steps to Health Recipe providing a serving of fruit or vegetable and is 500 Club Approved**