Coulee Region Walk to School Challenge

Classroom or Homeroom Sign-Up Form

School Name: _____ **Teacher Name:** _____

Email address: _____ **Phone #:** _____

Grade Level: _____ **# of students enrolled in class:** _____ **School Enrollment:** _____

Congratulations on choosing to have your classroom participate in the **Walk to School Challenge**! To register your classroom, simply fill out the information above and set a classroom goal below. Do you want to have at least 75% of your students walk or bike to school at least three days during the week? Or do you want to have 100% of your students take a daily walk during recess on all five days of the week? Please clearly write your goal below and fax or email it to Virginia Loehr at loehr.virginia@co.la-crosse.wi.us or 608-785-9846. Remember, only the first 25 classrooms to sign up, meet their goal, and return their logs will receive the prize package. Logs should be mailed to Virginia Loehr at: 300 North 4th Street, 2nd Floor Nutrition Services, La Crosse, WI 54601 by October 15th.

Our classroom goal for the Walk to School Challenge is:

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Please give us ideas of items that would help your students stay active during indoor recess days and during breaks (if you are able to take them). _____

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Best of luck as you work towards your goal!

Coulee Region Childhood Obesity Coalition

Beth Balder-Schroeder, Gundersen Lutheran Pediatrics Department
Linda Lee, La Crosse County Health Department

Safe Routes to School
Virginia Loehr, SRTS Coordinator-La Crosse County Health Department