

# 2011 Turn Off the TV Challenge Log

## Log for Elementary Age Children

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_






















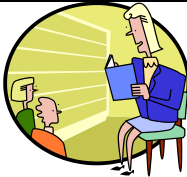





Parent Name/Signature \_\_\_\_\_

Are you currently a YMCA member? \_\_\_\_ Yes \_\_\_\_ No

**PLEASE RETURN BY May 2<sup>nd</sup>** to Linda Lee, 300 4<sup>th</sup> St N, La Crosse WI 54601, or email to [lee.linda@co.la-crosse.wi.us](mailto:lee.linda@co.la-crosse.wi.us)

Instead of watching TV on this day I unplugged and.....

Place a check mark in the box that describes what you did instead of watching TV

Monday April 18	Tuesday April 19	Wednesday April 20	Thursday April 21	Friday April 22 <b>Earth Day!</b>	Saturday April 23	Sunday April 24
Shot some hoops 	Went for a bike ride 	Went rollerblading 	Helped make dinner 	Played a card game 	Went to the mall 	Went to church 
Played a game with my family 	Played Soccer 	Played catch 	Turned trash into treasure at the South side La Crosse library 	Wrote a story 	Went fishing 	Played on the trampoline 
Read a book 	Walked the dog 	Played frisbee 	Did a puzzle 	Went for a walk 	Rode my scooter 	Biked on the trails 
Danced to my favorite music 	Read with a Star at the North side La Crosse library 	Sock hop at the La Crosse Main library 	Went to the park 	Went swimming 	Listened to my favorite music 	Filled out my Turn off the TV log 
Other...	Other....	Other...	Other...	Other...	Other...	Other...