



Coulee Region Walk to School Challenge

September 26th-30th, 2011

Make an X in the box that describes how you traveled **TO** or **FROM** school each day.

Mon (Sept 26th)	Tues (Sept 27th)	Wed (Sept 28th)	Thurs (Sept 29th)	Fri (Sept 30th)
WALK 	WALK 	WALK 	WALK 	WALK 
BIKE 	BIKE 	BIKE 	BIKE 	BIKE 
SKATEBOARD 	SKATEBOARD 	SKATEBOARD 	SKATEBOARD 	SKATEBOARD 
SCOOTER 	SCOOTER 	SCOOTER 	SCOOTER 	SCOOTER 
ROLLERBLADES 	ROLLERBLADES 	ROLLERBLADES 	ROLLERBLADES 	ROLLERBLADES 
I WALKED AT SCHOOL 	I WALKED AT SCHOOL 	I WALKED AT SCHOOL 	I WALKED AT SCHOOL 	I WALKED AT SCHOOL 

You must participate 5 out of 5 days to be eligible for the grand prizes of a 6-month Family Y pass or a new iPod.

Logs are due back by
October 7th, 2011.

Please mail your completed log to:

Virginia Loehr
300 North 4th Street,
2nd Floor, Nutrition Services
La Crosse WI, 54601

Print Name (First and Last): _____

School: _____ Age of student: _____

Phone number of a parent or guardian: _____

Are you a YMCA member? YES NO